

PATIENT NAME: _____

DATE: _____

MEDICATION ALLERGIES: _____

DATE OF LAST COMPLETE PHYSICAL: _____

BY WHOM? _____

CURRENT MEDICATIONS: PLEASE INCLUDE ANY NON-PRESCRIPTION DRUGS SUCH AS ASPIRIN, TYLENOL, ETC.

NAME OF MEDICATION	STRENGTH (MG)	HOW OFTEN TAKEN

Females Only	
# of Pregnancies	
# of Living Children	
Miscarriages	
Abortions	
Pregnancy Complications?	

DO YOU	YES	NO	TYPE	AMT PER DAY/WEEK/YEAR
SMOKE			PIPE, CIGAR, CIGARETTES, CHEW	
EVER SMOKED			PIPE, CIGAR, CIGARETTES, CHEW	
DRINK COFFEE/TEA/COLAS				
DRINK BEER/WINE				
DRINK LIQUOR				
USE ILLEGAL DRUGS				

DO YOU EXERCISE ON A REGULAR BASIS? YES/NO WHAT TYPES? _____
DO YOU WORK OUTSIDE THE HOME? YES/NO IF SO, WHAT IS YOUR OCCUPATION? _____
IF YOU ARE DISABLED, PLEASE GIVE DATE YOU STOPPED WORKING _____

FAMILY HISTORY OF: (Parents, Grandparents, Sisters, Brothers)

- Arthritis _____ Psoriasis _____ Tuberculosis _____ Lung Disease _____
- Lupus _____ Cancer _____ Diabetes _____ Liver Disease _____
- Osteoporosis _____ Stroke _____ Migraines _____ Thyroid Disorders _____
- Rheumatic Fever _____ Kidney Disease _____ High Blood Pressure _____ Bleeding Disorders _____
- Heart Disease _____

PATIENT NAME: _____

DATE: _____

SURGERY	YES	NO	WHEN	DETAILS
CATARACTS				
APPENDIX				
GALLBLADDER				
STOMACH				? CANCER
COLON				? CANCER
THYROID				
HERNIA				
BREAST				? CANCER
HYSTERECTOMY				? CANCER
OVARIES (ONE/BOTH)				
PROSTATE				? CANCER
TONSILS/ADENOIDS				
CARPAL TUNNEL				
BONE SURGERY				
DISC SURGERY				
HEMORRHOID				
OTHER				

PATIENT NAME: _____

DATE: _____

REVIEW OF SYSTEMS

IF YOU PRESENTLY HAVE OR YOU HAVE HAD **RECURRENT** PROBLEMS WITH:

GENERAL	CHECK HERE	KIDNEY/BLADDER	CHECK HERE
Fever		Infections	
Appetite Change		Pain on Urination	
Weight Change (last 6-12 months)		Blood in Urine	
Unusual Fatigue		Kidney Stones	
Unusual Stress		Bright's Disease	
Sleeping Problems		Venereal Disease	
HEENT		SKIN	
Visual Problems (Blurring, Redness)		Rashes	
Cataracts		Hives	
Mouth or Nose Sores (recurrent)		Psoriasis	
Recurrent Sore Throat/Gland Swelling		Unusual Sensitivity to Sun	
ringing in Ears		Skin Changes/Hair Loss	
Recurrent or Unusual Headaches		Skin Thickening/Skin Ulcers	
Dry Eyes or Dry Mouth (circle which one)		NEUROLOGIC/PSYCHIATRIC	
HEART		Muscle Weakness	
High Blood Pressure		Numbness/Tingling/Carpal Tunnel	
Irregular Heartbeat/Pacemaker		Sciatica (pain shooting down leg)	
Chest Pain or Heart Attack		Restless Legs	
Pericarditis (inflammation of the heart)		Seizures/Convulsions	
Heart Murmur		Confusion/Memory Loss	
Lungs		Depression/Anxiety/Panic Attacks	
Persistent Cough		Stroke	
Shortness of Breath		Sleep Apnea/Loud Snoring	
Pleurisy		BLOOD DISORDERS	
Tuberculosis or exposure to		Anemia	
Positive TB Skin Test		Low White Blood Cells	
Blood Clots in Legs/Phlebitis		Low Platelets	
GASTROINTESTINAL		ENDOCRINE	
Nausea/Vomiting		Thyroid Disease	
Swallowing Difficulty		Breast Problems	
Stomach Ulcers/Peptic Ulcers		Diabetes	
Esophagitis/Gastritis/Gastroesophageal (Acid) Reflux (GERD)		Heat/Cold Intolerance	
Blood in Stools		Age of Menopause	
Diarrhea		Change in Sexual Function	
Abdominal Pain		Sores/Rashes on Sex Organs	
Hepatitis		Low Blood Sugar	
Jaundice		Loss of Height	
INJURIES/BROKEN BONES		Have you ever taken estrogen? If so, how long?	
X-Rays – MRI/CT/BONE SCAN		Have you ever had a DXA or Bone Density Test?	
Chest x-ray in the past year			

Health Assessment Questionnaire

Name: _____

Date: _____

DOB: _____

Physician: _____

PLEASE CHECK THE RESPONSE THAT BEST DESCRIBES YOUR ABILITIES RECENTLY (the past week):

	No Difficulty (0)	Some Difficulty (1)	Much Difficulty (2)	Unable to Do (3)
DRESSING & GROOMING – are you able to:				
Dress yourself, including shoelaces and buttons?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shampoo your hair?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ARISING – are you able to:				
Stand up from a straight chair?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get in and out of bed?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
EATING – are you able to:				
Cut your meat?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lift a full cup or glass to your mouth?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Open a new milk carton?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
WALKING – are you able to:				
Walk outdoors on flat ground?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Climb up five steps	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
HYGIENE – are you able to:				
Wash and dry your body?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get on and off the toilet?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
REACH – are you able to:				
Reach and get down a 5-pound object (Such as a bag of sugar) from above your head?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bend down to pick up clothing from the floor?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
GRIP – are you able to:				
Open car doors?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Open previously opened jars?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Turn faucets on and off?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ACTIVITIES – are you able to:				
Run errands and shop?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get in and out of a car?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do chores such as vacuuming or yard work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much pain have you had because of your arthritis in the past week? (Please circle the number below).

No Pain

Severe Pain

0-----1-----2-----3-----4-----5-----6-----7-----8-----9-----10

Physician Use Only

Pain Score: _____

Checklist Score: _____

TOTAL HAQ SCORE: _____

Patient Name: _____ Date of birth: _____

Any new medications: _____

Primary Care Doctor: _____

PLEASE CIRCLE ALL THAT APPLY:

Constitutional:

All negative	Feeling Poorly	Other
Fever	Chills	
Feeling Tired	Recent Wt Gain (__Lbs)	
Recent infection	Recent Wt Loss (__Lbs)	

Eyes:

All negative	Cataract	Other
Dry Eyes	Discharge from eyes	
Red Eyes	Eye Pain	
Eyesight Problems	Eye itch	

ENT:

All Negative	Nosebleeds	Other
Mouth Sores	Sore Throat	
Dry Mouth	Hoarseness	Loss of Hearing
Nose Sores	Ringling in the Ears	Chronic/recurring headaches

Cardiovascular:

All Negative	Palpitations	Other
Chest pain	Leg Claudication	
Lower Extremity Edema	Heart rate slow	Heart rate fast

Respiratory:

All Negative	SOB on Exertion	Other
Shortness of Breath	Orthopnea	
Cough	Wheezing	
Pleurisy	PND (waking up breathless)	

Gastrointestinal:

All Negative	Constipation	Other
Abdominal Pain	Stool visible blood	
Nausea	Gastric Ulcer	Diarrhea
Esophageal Reflux	Heartburn	
Difficulty Swallowing	Vomiting	

Genitourinary:

All Negative	Hesitancy	Other
Dysuria	Nocturia	
Blood in Urine	Recurrent Infections	Testicular Pain
Incontinence	Genital Lesions	

Patient Name: _____

Musculoskeletal:

All Negative	Joint Stiffness	Other
Arthralgias	Limb Pain	
Myalgias	Limb Swelling	
Morning Joint Stiffness	Muscle spasms	
Joint Swelling		

Integumentary:

All Negative	Itching	Other
Dry Skin	Abnormal skin sensitivity to sunlight (photosensitivity)	
Loss of hair from head	Skin Lesions	
Skin: A rash	Skin Wound	
Ulcer (___ cm)		

Neurological:

All Negative	Confusion	Other
Convulsions	Legs Feel Restless	
Memory lapses or loss	Dizziness	Muscle Weakness
Numbness	Fainting	
Difficulty Walking	Pain radiating down the _____	

Psychiatric:

All Negative	Panic Disorder	Other
Sleep Disturbances	Suicidal	
Anxiety	Change in Personality	
Depression	Emotional Problems	

Endocrine:

All Negative	Proptosis	Other
Heat/Cold Intolerance	Decrease in height	
Low Blood Sugar	Erectile Dysfunction	Deepening of the voice
DEXA (date _____)	Hot Flashes	Feeling of Weakness

Heme/Lymph:

All Negative	Swollen Glands in Neck	Other
Easy Bruising	Easy Bleeding	